

Curriculum Vitae

Yogendra B. Shakya, PhD

Personal Information

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Education and Training

2006 PhD in Geography, University of Toronto. Dissertation Title: *Grassroots Neoliberalism and the Reconstitution of Development in the 1990s: the case of the mainstreaming of the microfinance sector in Nepal and Vietnam*
2000 M.A. in Geography, University of Toronto. MA Thesis Title: *Contest and Transformation in Newar Guthis in Nepal*.
1999 B.Sc. Environmental Studies and Biology, University of Victoria.

Employment History

2024- Present Senior Research Associate, Karen Environmental and Social Action Network.
2020 to present Independent Consultant (Racial Justice and Decolonial Anti-Capitalist Praxis)
2022 to 2023 Bousfield Distinguished Visiting Scholar/Professor of Practice, Department of Geography and Planning, University of Toronto
2023 Lecturer, [Anti-Imperialism and Planning](#) Course
2009 to 2019 Senior Research Scientist, Access Alliance Multicultural Health and Community Services
2006 to 2008 Research and Evaluation Manager, Access Alliance Multicultural Health and Community Services
2007 Lecturer, GGR 400S Globalization and International Development course, University of Toronto
2002 to 2005 Research Coordinator, Gender Politics of Development Institutions
2004 Research Consultant, Waste-Econ Project, Vietnam.

Academic Appointments

2009 to 2019 Assistant Professor (Status Only), Dalla Lana School of Public Health, University of Toronto

Academic Teaching (Sole Instructor)

PLA 1516H Anti-Imperialism and Planning, 2023
CHL 5004H Introduction to Public Health, Case study course on Impact of Precarious Employment in Health and Healthcare Access, 2016-2018
GGR 400S Globalization and International Development, 2006

Areas of Expertise

Decolonial/Anti-Imperialist and Anti-Capitalist Praxis; Neoliberalism; Migrant Justice; Reparation/Reparative Justice; Abolition; Refugee Mental Health; Systemic Racism; Labor Market Barriers and Precarious Employment; Equity/Health Equity Planning; Social Determinants of Health; Social Movements and Advocacy; Community Based Participatory Action Research (CBPAR).

Peer Reviewed Journal Articles

Islam, F., Qasim, S., Ali, M., Hynie, M., Shakya, Y., & McKenzie, K. (2024). Mental Health at the Intersections: Understanding South Asian Muslim Youth Mental Health in Peel Region, Toronto, Canada. *International Journal of Migration, Health and Social Care*.

Ross, L. E., Pilling, M., Voronka, J., Pitt, K. A., McLean, E., King, C., Shakya, Y, MacKinnon, K.R., Williams, C.W., Strike, C., & Guta, A. (2023). [‘I will play this tokenistic game. I just want something useful for my community’: experiences of and resistance to harms of peer research](#). *Critical Public Health*, 1-12.

Islam, F., Qasim, S., Ali, M., Hynie, M., Shakya, Y., & McKenzie, K. (2023). [South Asian youth mental health in Peel Region](#), Canada: Service provider perspectives. *Transcultural psychiatry*, 60(2), 368–382. <https://doi.org/10.1177/13634615221119384>

Fung, K., Liu, J., Sin, R., Shakya, Y., Guruge, S., Bender, A., & Wong, J. P. (2021). Examining Different Strategies for Stigma Reduction and Mental Health Promotion in Asian Men in Toronto. *Community mental health journal*, 57(4), 655–666.

Wanigaratne S, Rashid M, Gagnon A, Cole DC, Shakya Y, Moineddin R, Blake J, Yudin MH, Campbell D, Ray JG, Urquia ML. Refugee mothers, migration pathways and HIV: A population-based cohort study. *AIDS Care*. 2020 Jan;32(1):30-36. doi: 10.1080/09540121.2019.1612009. Epub 2019 May 6. PMID: 31060379.

Hynie, M., McGrath, S., Bridekirk, J., Oda, A., Ives, N., Hyndman, J., Arya, N., Shakya, Y. B., Hanley, J., & McKenzie, K. (2019). What role does type of sponsorship play in early integration outcomes? Syrian refugees resettled in six Canadian cities. *Refuge: Canada's Journal on Refugees*, 35(2), 36-53. <https://doi.org/10.7202/1064818ar>.

Wang AMQ, Yung EM, Nitti N, Shakya Y, Alamgir AKM, Lofters AK. Breast and colorectal cancer screening barriers among immigrants and refugees: A mixed-methods study at three community health centres in Toronto, Canada. *Journal of Immigrant and Minority Health*. 2019 Jun;21(3):473-482. doi: 10.1007/s10903-018-0779-5. PMID: 29968004.

Fung KP, Liu JJW, Sin R, Bender A, Shakya Y, Butt N, Wong JP. Exploring mental illness stigma among Asian men mobilized to become community mental health ambassadors in Toronto Canada. *Ethn Health*. 2019 Jul 24;1-19. doi: 10.1080/13557858.2019.1640350. Epub ahead of print. PMID: 31339347.

Wanigaratne S, Shakya Y, Gagnon AJ, Cole DC, Rashid M, Blake J, Dastoori P, Moineddin R, Ray JG, Urquia ML (2018). [Refugee maternal and perinatal health in Ontario, Canada: a retrospective population-based study](#). *BMJ Open*. 2018 Apr 10;8(4):e018979. doi: 10.1136/bmjopen-2017-018979.

Islam F, Multani A, Hynie M, Shakya Y, McKenzie K. (2017) Mental health of South Asian youth in Peel region, Toronto, Canada: a qualitative study of determinants, coping strategies and service access. *BMJ Open*. 2017 Nov 3;7(11):e018265. doi: 10.1136/bmjopen-2017-018265. PMID: 29101148; PMCID: PMC5695456.

Hyman, I., Shakya, Y., Jembere, N., Gucciardi, E., Vissandjee, B (2017). [Provider and patient related determinants of diabetes self-management among recent immigrants in Toronto: Implications for systemic change](#). *Canadian Family Physician. Can Fam Physician*.63(2):e137-e144.

Ahmad F, Lou W, Shakya Y, Ginsburg L, Ng P, Rashid M, Dinca-Panaitescu, S, Ledwos C & K McKenzie (2017). [Preconsult interactive computer-assisted client assessment survey for common mental disorders in a community health centre: a randomized controlled trial](#). *CMAJ Open*. 2017 Jan-Mar; 5(1): E190–E197.

Ferrari M, Shakya Y, Ledwos C, Mckenzie K & Ahmad F. (2017) [Patients' mental health journeys: A qualitative case study with interactive computer-assisted client assessment survey \(iCCAS\)](#). *Journal of Immigrant and Minority Health*. Aug 22. doi: 10.1007/s10903-017-0643-z

Ahmad F, Shakya Y, Ginsburg L, Lou W, Ng P, Rashid M, Ferrari M, Ledwos C & K McKenzie (2016). Burden of common mental illnesses in a sample from a community health center. *Can Fam Physician*. 2016 Dec; 62(12): e758–e766.

Ferrari M, Ahmad F, Shakya Y, Ledwos C & K Mckenzie (2016). Computer-assisted client assessment survey for mental health: patient and health provider perspectives. *BMC Health Services Research*. 16:516. DOI: 10.1186/s12913-016-1756-0.

Wanigaratne, S., Cole, D.C., Bassil, K., Hyman, I., Moineddin, R., Shakya, Y., Urquia, M. (2016). Severe neonatal morbidity among births to refugee women. *Maternal Child Health Journal*. Jul 9. Epub 2016. DOI: 10.1007/s10995-016-2047-4.

Premji, S, Shakya, Y (2016). Pathways between un/underemployment and health among racialized immigrant women. *Ethnicity and Health*. May 13:1-19. Epub 2016. DOI: 10.1080/13557858.2016.1180347 .

Alley S., Jackson, S., Shakya, Y. (2015). Reflexivity: A methodological tool in the knowledge translation process? *Health Promotion Practice*. May 2015 16: 426-431. DOI: 10.1177/1524839914568344

Guruge, S., Shakya, Y., Hynie, M, Akbari, A., Htoo, S., S. Abiyo. (2015) Refugee youth and migration: Using arts-informed research to understand changes in roles and responsibilities. *Forum: Qualitative Social Research*, 16(3), 36 pp.

Premji, S., Shakya, Y., Spasevski, M., Merolli, J., Athar S, & Immigrant Women and Precarious Core Research Group. (2014). [Precarious work experience of racialized immigrant women in Toronto: A community based study](#). *Just Labour: A Canadian Journal of Work and Society*. 22(3): 122-143.

Hyman I., Gucciardi, E., Patychuk D., Rummens JA, Shakya Y, Kljucic D, Bhamani M, Boqaileh F (2014). Self-management, health service use and information seeking for diabetes care among Black Caribbean immigrants in Toronto. *Can J Diabetes*. 38(1):32-7. DOI: 10.1016/j.cjcd.2013.08.267.

Hynie, M., Shakya, Y., & Guruge, S. (2012). Intergenerational relationships through the eyes of Afghan, Karen and Sudanese Refugee Youth in Canada: Role reversal or resettlement champions? *Journal of*

Canadian Ethnic Studies, 44 (3), 11-28.

Ahmad, F., Shakya Y., Li. J. Khoaja K., Norman C., Lou W., Abuelaish. I., and H. M. Ahmadzi (2012). [A pilot with computer-assisted psychosocial risk –assessment for refugees.](#) *BMC Medical Informatics and Decision Making* 12:71. DOI: 10.1186/1472-6947-12-71

Hyman I., D. Patychuk, Q. Zaidi, Y.B. Shakya, J. A. Rummens, M. Creatore, and B. Vissandjee. (2012). Self- management, health service use and information seeking for diabetes care among recent immigrants in Toronto. *Chronic Diseases in Canada*. 33(1): 12-8.

Shakya, Y., Guruge, S. Hynie, M., Akbari, A. Malik, M., Htoo, S., Khogali, A., Mona, S. A., Murtaza, R., and S. Alley (2011). Educational aspirations among newcomer refugee youth in Toronto: expectations, challenges and strategies. *Refuge* 27(2): 65-78.

Shakya, Y., Khanlou, N., and Gonsalves, T. (2010). Determinants of mental health newcomer youth: policy and service implications. *Canadian Issues: Immigrant Mental Health*. Summer 2010: 98-102.

Wilson, R. M., Murtaza, R., Shakya Y. (2010). Pre-migration and post-migration determinants for newly arrived refugees in Toronto. *Canadian Issues: Immigrant Mental Health*. Summer 2010: 45-50.

Shakya, Y. and K. Rankin (2008). The politics of subversion in development practice: an exploration of microfinance in Nepal and Vietnam. *Journal of Development Studies*. 44 (8):1214 – 1235.

Book Chapters


Benlamri, M., Shakya, Y., Shannon, S. (2018). Mobilizing Knowledge into Action: Best Practices in Responding to Urgent Refugee Health and Resettlement Service Needs. *Western Public Health Casebook* (pp.9-21).

Shakya, Y and Premji, S. (2017). “No one cares about us”: Precarious employment among racialized immigrant women. In S Procky, W. Lewchuck and J Shields (Eds). *Precarious Employment: Causes, Consequences and Remedies*. Halifax: Fernwood Publishing.

Shakya, Y., Guruge, S., Hynie, M., Htoo, S., Akbari, A., Jandu, B., Spasevksi, M., Berhane, N., & Forster, J. (2014). Newcomer refugee youth as ‘resettlement champions’ for their families: Vulnerability, resilience and empowerment. In L. Simich & L. Andermann (Eds.), *Refuge and resilience: Promoting resilience and mental health among resettled refugees and forced migrants* (pp. 131 -154). New York, USA: Springer.

Khanlou, N., Shakya, Y., Islam F. and E Oudeh.(2014). Newcomer youth self-esteem: A community-based mixed methods study of Afghan, Columbian, Sudanese and Tamil Youth in Toronto, Canada. In L. Simich & L. Andermann (Eds.), *Refuge and resilience: Promoting resilience and mental health among resettled refugees and forced migrants* (pp. 109 -129). New York, USA: Springer.

Collins, E., Shakya, Y., Guruge, S. & E. J. Santos (2008). “Services for women in the post-migration and settlement context: access, equity and quality” In Enid Collins and Sepali Guruge (Eds), *Working with*

Women in the Context of Immigration and Settlement: Issues and Strategies for Mental Health Professionals, Toronto:  Centre for Addiction and Mental Health.

Rankin, K., Shakya Y. (2006). Neoliberalizing the Grassroots: microfinance in Nepal and Vietnam” In Kim England and Kevin Ward (Eds), *Neoliberalization: Borders, Edges, Frontiers, Peoples*. Oxford: Blackwell.

Community and Technical Publications

Colour of Poverty-Colour of Change (2024). “*Locked Out*”: *Labour Market Inequities and Civic Participation Barriers faced by Racialized Communities in Ontario*.

Shakya, Y., Ramji, Z, and A. Go (2022). *Culturally responsive and accessible approaches to data practices with people living with low-income during COVID-19 and beyond*. Public Health Agency of Canada.

Alliance Multicultural Health and Community Services (2019). *So hungry: Experiences of food insecurity among families living in low-income neighborhoods in Toronto*. Toronto: Access Alliance Multicultural Health and Community Services.

Alliance Multicultural Health and Community Services (2017). [Refugee health and resettlement: Lessons learned from the Syrian response. summary report](#). Toronto: Access Alliance Multicultural Health and Community Services.

Access Alliance Multicultural Health and Community Services (2017). [Promoting green living and environmental leadership among newcomer communities: Determinants, challenges and planning implications](#). Toronto.

St Stephen’s Community House and Access Alliance Multicultural Health and Community Services (2016). [Tired of the hustle: Youth voices on unemployment](#).

Access Alliance Multicultural Health and Community Services (2015). Research Summary: Promoting Cervical Cancer Screening among Newcomer Women. Toronto.

Access Alliance Multicultural Health and Community Services (2014). *Like wonder women, goddesses and robots: how immigrant women are impacted by and respond to precarious employment.*” Toronto: Access Alliance Multicultural Health and Community Services.

Access Alliance Multicultural Health and Community Services (2012). [Where are the good jobs?: Ten case stories of ‘working rough, living poor.’](#) Toronto: Access Alliance Multicultural Health and Community Services.

Wilson, R.M., Landolt, P., Shakya, Y., Galabuzi, G-E., Zahoorunisa, Z., Pham, D., Cabrera, F., Dahy, S, and M-P, Joly. (2011). [Working rough, living poor: Employment and income insecurities faced by racialized groups in the Black Creek Area and their health impacts](#). Toronto: Access Alliance Multicultural Health and Community Services.

Access Alliance Multicultural Health and Community Services (2009). *Summary report: impact of transportation loan on government assisted refugees in Toronto*. Toronto: Access Alliance Multicultural Health and Community Services.

Khanlou N, Shakya Y, & Muntaner C. (2011) [Mental health services for newcomer youth: Exploring needs and enhancing access. Final outcomes report to the provincial centre of excellence for child and youth mental health at CHEO](#). Research Grant # 122.

Applied Resources (Toolkits, Factsheets, Reading Lists, Infographics)

Access Alliance Multicultural Health and Community Services (2013). [Knowledge to Action. A Guide to Knowledge Translation and Exchange using Participatory Filmmaking](#). Toronto: Access Alliance Multicultural Health and Community Services.

Access Alliance Multicultural Health and Community Services (2012). [Everyone can do Research: A plain language guide on how to do research](#). Toronto: Access Alliance Multicultural Health and Community Services.

Access Alliance Multicultural Health and Community Services (2011). [Community based Research Toolkit: Resources for Doing Research for Social Change](#). Toronto: Access Alliance Multicultural Health and Community Services. (Contains over 100 hands-on tools)

Plain Language Public Facing Publications (Op-Eds, Blogs, Call to Actions)

Shakya, Y. and A. Janczur. (2024) [Canada urgently needs an equitable immigration system](#). The Hill Times. April 29th, 2024.

Shakya, Y., Goel, R., Narayan, S., Eby, D. Janczur A. (2015) Healthcare is for saving lives, not for deterring refugees. Newcomer Health Matters Blog Post. June 15th, 2015 [PA]

Shakya, Y., Janczur, A., and C. Ledwos (2014). Let's Build Pathways to Good Jobs, Starting from our Workplaces. *Newcomer Health Matters Blog Post*. September 21st, 2014[PA]

Shakya, Y, Narayan, S., Stephenson, M., and C. Ledwos (2013). Bad Jobs are making Canadians Sick. *Healthy Debate Blog Post*. September 18th, 2013.
<http://healthydebate.ca/opinions/bad-jobs-are-making-canadians-sick> [PA]

Shakya Y and Janczur A (2013). [Immigrant families are living in poverty in spite of working hard](#). CERIS. Opinions on Immigration and Research. [PA]

Shakya, Y., Janczur, A (2013). Where are the good jobs? Toronto Star Op-Ed
https://www.thestar.com/opinion/commentary/2013/07/30/where_are_the_good_jobs.html

Public Education Films

- [Just wait for our call: Impact of temp agency work on health](#)
- [Bad Jobs are making us Sick](#)
- Fight for Good Jobs: [Amelia's story](#)
- Fight for Good Jobs: [Helena's story](#)
- [A Millions Reasons Why](#)
- [Peer Research 101](#)

Media/Policy Action Mentions

Nov. 15, 2017	Stronger protections needed to fight erratic scheduling, advocates say . Toronto Star
May 11 2017	New project aims to help qualified immigrant researchers land jobs. Metro News
March 20, 2017	Precarious jobs scar employees' mental health . Toronto Star
March 12, 2014	Precarious work further divides a divided city . Toronto Star
Dec 1,, 2014	Hunger Report: Use of food banks soaring across Ontario . Toronto Star
May 8, 2013	Immigrant underclass in GTA fuels simmering frustrations . Toronto Star
May 6, 2013	Critics fear replacement for long-form census will hurt immigrants . Toronto Star

Policy Campaigns (Role: scholar/advocate)

Campaign to Reverse Cuts to Interim Federal Health Program (IFHP) for Refugees.

Raise the Minimum Wage Campaign, and later \$15 and Fairness Campaign

Decent Work and Health Network (Co-founder);

Paid Sick Days Campaign

Right to Healthcare campaigns (e.g. Eliminate 3 Month Wait for OHIP for New Immigrants)

Campaign to End Transportation Loan Repayment Requirement for Sponsored Refugees

Color of Poverty-Color of Change Campaign.

Part G. COMMUNITY/VOLUNTEER EXPERIENCES

Co-Founder/Co-Lead, Asha Canada Collective (2015-present); Volunteer, Turtle Protectors (2022-present); Lead, Swansea Welcomes Refugees project (2015-16); Lead, Nepali Film Festival (2008); Advisor, Namaste Radio (2005-2010); Advisor, Koshi Tappu to Kanchenjunga Conservation Belt (2012 to present); Advisor, Shabda Magazine (2005-2006). Board of Directors, Nepalese Canadian Community Services (2003-2005); Board of Directors, Educate the Children (2001-2003); Lead, Dristi: South Asian Film Festival in Toronto (2000); Board of Directors, Victoria International Development Education Association (1996-1998).